



# CXCL13 polymorphism is associated with essential hypertension in Tatars from Russia

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## Abstract

Essential arterial hypertension is a disease with distinct yet unexplored inflammatory component. Our aim was to assess the role of chemokine genes and their interaction in its development. Genotyping of polymorphic markers in six chemokine genes (*CXCL13*, *CCL8*, *CCL16*, *CCL17*, *CCL18*, and *CCL23*) was performed in the group of 522 men of Tatar ethnic origin from the Republic of Bashkortostan, Russia (213 patients with essential hypertension and 309 healthy individuals without history of cardiovascular disease). We found a strong association of *CXCL13* rs355689\*C allele with essential hypertension under additive (OR 0.56,  $P_{FDR} = 0.008$ ) and dominant (OR 0.41,  $P_{FDR} = 4.38 \times 10^{-4}$ ) genetic model. The analysis of gene–gene interactions revealed 12 allele/genotype combinations that remained significantly associated with essential hypertension after correction for multiple testing was applied, and each of these combinations included *CXCL13* rs355689 polymorphism. Our results indicate that *CXCL13* rs355689 polymorphism is strongly associated with essential hypertension in the ethnic group of Tatars, alone and in combination with polymorphic markers in other chemokine genes.

**Keywords** Essential hypertension · Chemokines · Genetic testing · Risk prediction

## Introduction

Essential, primary, or idiopathic hypertension (EH) is a chronic elevation of blood pressure in the absence of any causes of secondary hypertension or monogenic forms. EH

is a highly heterogeneous disorder with multifactorial origin, caused by a combination of genetic, environmental, and lifestyle factors. Evidence that vascular inflammation is present in patients with hypertension may suggest a role for inflammatory mediator genes in its etiopathogenesis.

Chemokines (chemotactic cytokines) are a family of small proteins that mediate cellular interactions during inflammation via binding to specific receptors [1]. Chemokines share significant structural homology and display remarkable functional similarity. They are classified into four subgroups according to the arrangement of the N-terminal two cysteine residues: CXC, CC, (X)C, and CX3C [2]. The genomic organization of chemokine genes forming large clusters reflects evolutionary pressures, when temporary redundancy created by gene duplication resulted in the development of proteins with new specialized functions [3]. Consequently, chemokines display redundant effects on the target cells (no chemokine's actions are confined exclusively to a single leukocyte population and conversely, any particular leukocyte population typically possesses receptors for various chemokines), and their interaction with receptors also shows significant promiscuity (most receptors can bind to multiple ligands and most ligands are capable of binding to more than one receptor) [4]. It has been demonstrated

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that chemokine receptors CCR2 and CXCR2 are instrumental in blood pressure elevation, macrophage accumulation, and vascular remodeling in animal models of hypertension [5, 6]. Increased chemokine levels were detected in serum (MCP-1 (CCL2) and CXCL10) and vitreous bodies (IL8 (CXCL8) and MCP-1) of patients with EH [7, 8]. Previously, we discovered an altered transcriptional activity of a number of chemokine genes, including *CCL16*, *CCL17*, *CCL18*, *CCL23*, *CCL8*, and *CXCL13*, in peripheral blood leukocytes of EH patients [9]; although no association has been reported between these gene loci and EH in genome-wide association studies performed to date.

In this study, we aimed to analyze an association of the polymorphic loci in six chemokine genes (*CCL16*, *CCL17*, *CCL18*, *CCL23*, *CCL8*, and *CXCL13*) with EH, and to study the interactions between these polymorphisms.

## Materials and methods

The study was approved by the Ethics Committee of the Institute of Biochemistry and Genetics USC RAS, written informed consent was obtained from all participants participant in accordance with the Declaration of Helsinki. The study group was comprised of men in order to minimize the heterogeneity of the study sample and considering that sex differences are important risk factors for the development of cardiovascular disease. Both patients and control subjects belonged to the Tatar ethnic group and permanently resided in the Republic of Bashkortostan (Russian Federation). The ethnicity of all participants was confirmed by administering questionnaires that included data on the ethnicity and the place of birth of their ancestors in three generations. All patients (213 men with EH, mean age  $42.24 \pm 8.27$ ) underwent a full clinical evaluation at the Department of Arterial Hypertension at Republic Centre of Cardiology (Ufa, Russian Federation), EH was diagnosed in accordance with the 2013 ESH/ESC guidelines for management of arterial hypertension (systolic blood pressure  $\geq 140$  mmHg and/or diastolic blood pressure  $\geq 90$  mmHg). For each participant, three consecutive blood pressure measurements in both upper arms were taken upon admittance at 1–2 min intervals, after 5 min rest in sitting position, with a standard auscultatory sphygmomanometer. Phase I and V (disappearance) of Korotkoff sounds were identified as systolic and diastolic blood pressure, respectively. In addition, blood pressure measurement was performed twice daily (morning and evening) over the course of treatment. All patients underwent complete clinical assessment, physical examination, laboratory and instrumental investigations (fasting plasma glucose, serum lipids, electrolytes, creatinine, haemoglobin and haematocrit, electrocardiogram, echocardiogram, carotid artery ultrasound, etc). Patients with diabetes, chronic lung,

gastrointestinal, renal disease or metabolic disorders were not included in the study. The control group included 309 healthy individuals (mean age  $43.58 \pm 7.13$ ) without history of cardiovascular disease, recruited at the Republic Centre of Blood Transfusion (Ufa, Republic of Bashkortostan, Russian Federation).

DNA was isolated from 8 ml of whole venous blood using standard phenol-chloroform extraction. Genotyping was performed using polymerase chain reaction (PCR) with subsequent restriction analysis or PCR allele-specific (a fragment containing target sequence was used as an internal positive control). PrimerSelect 5.05 software (DNASStar Inc., Madison, WI, USA) was applied to design primer sets (Table 1). Gene sequences for primer designing were obtained from NCBI (National Center for Biotechnology Information) database (<http://www.ncbi.nlm.nih.gov/SNV>). Each 10  $\mu$ l PCR reaction mixture contained 30 mM Tris-HCl, pH 8.6/25 °C, 16.6 mM  $(\text{NH}_4)_2\text{SO}_4$ , 2.5MgCl<sub>2</sub> 0.2 mM of each dNTPs (Thermo Fischer Scientific, Lithuania), 0.2 mM of both primers, 0.5 U of Taq-polymerase enzyme and 20 ng of DNA template. The amplification was performed in a T100™ thermal cycler (BioRad, USA) programmed for initial denaturation step (95 °C for 1 min) followed by 28 cycles of amplification (denaturation at 95 °C for 20 s, primer annealing at specific temperature (Table 1) for 30 s, elongation at 72 °C for 30 s) and a final extension (72 °C for 4 min). As part of quality control, results were verified by re-genotyping of randomly selected samples; all results were identical to initially obtained genotyping data. PCR products were separated by the electrophoresis on 2% agarose gel and identified using Mega-Bioprint 1100 gel documentation system (Vilber Lourmat, France).

Study data were stored, managed, and analyzed using IBM SPSS Statistics 21.0 program. Sample size required to detect an association with odds ratio (OR) of 1.5 was determined using QUANTO software version 1.2.4 taking into account the minimally acceptable 80% power level, minor allele frequencies, and the disease prevalence in the studied population. Average prevalence of EH in men in the Republic of Bashkortostan was 48.6% [10]. Testing for Hardy–Weinberg expectations was performed for each SNV using Arlequin 3.0 software. Association between the studied genetic loci and EH was tested using logistic regression analysis under additive and dominant genetic models implemented in PLINK software (<http://pangu.mgh.harvard.edu/purcell/plink/>) with age and BMI as covariates [11]. Dominant model assumes that having one copy of an allele does the same for the disease risk as carrying two copies, while additive model assumes that two copies of an allele have twice the effect on phenotype compared to one copy. The analysis of association between allele and/or genotype combinations and EH was performed by APSampler 3.6.0, the program itself is available at <http://apsampler.sourceforge.org>

**Table 1** Primer sequences and PCR conditions for amplification of the studied SNPs

SNV	Chromosome position	Locus name	Primers, restriction enzyme	Primer annealing temperature, °C	Alleles fragment length, bp
rs355689	4:78507797	<i>CXCL13</i>	C 3'-caggacaggatctctgacagc-5' T 3'-caggacaggatctctgacagt-5' F 3'-gggacctaaacaaacaggcag-5' R 3'-tccactgaagccaggaaaatc-5'	68	AS 86 IC 220
rs223828	16:57447414	<i>CCL17</i>	3'-tcggaggcagataaagcatgg-5' 3'-ctctgtagctggagagcatcc-5' <i>TaqI</i>	65	T 276 C 205+71
rs3138035	17:32645949	<i>CCL8</i>	A 3'-ccccacagcttcaagacca-5' C 3'-ccccacagcttcaagacc-5' F 3'-cacctaaggaccaaggctg-5' R 3'-tgaaggctcatggcttcagat-5'	66	AS 122 IC 216
rs854680	17:34309051	<i>CCL16</i>	G 3'-gtattagcatactgtgacag-5' T 3'-gtattagcatactgtgacat-5' F 3'-cagtcctcaagtcggaggtcc-5' R 3'-caggattacagagcccagac-5'	62	AS 127 IC 241
rs854655	17:34345223	<i>CCL23</i>	3'-gagggaagtacagggcagagg-5' 3'-gtccccatgtgtacagctatt-5' <i>BamHI</i>	66	C 188 + 104 A 292
rs2015086	17:34391617	<i>CCL18</i>	T 3'-ccttctggggtatgagctgtt-5' C 3'-ccttctggggtatgagctgtc-5' F 3'-catgtgcagacgagacaag-5' R 3'-tgggctgagaactcacatgac-5'	66	AS 118 IC 228

SNV single nucleotide variant, Chromosome position (bp) according to GRCh37.p13, AS allele-specific amplification product, IC internal control

[e.net/](http://e.net/), more detailed description can be found elsewhere [12]. Briefly, APSampler (Allelic Pattern Sampler) is a program that utilizes a Markov chain Monte Carlo method based on Bayesian approaches, which allows to identify combinations of allelic variants of multiple loci that are associated with the studied trait. The false discovery rate (FDR) method was applied to adjust for multiple testing [13].

## Results

The observed allele frequencies for the *CXCL13*, *CCL8*, *CCL16*, *CCL17*, *CCL18*, and *CCL23* loci are shown in Table 2. Genotype frequency distribution for all studied SNVs was in accordance with Hardy–Weinberg equilibrium ( $P > 0.05$ ). *CXCL13* rs355689\*C allele has shown an association with EH under additive and dominant genetic models (OR 0.56,  $P_{\text{FDR}} = 0.008$ , and OR 0.41,  $P_{\text{FDR}} = 4.38 \times 10^{-4}$ , respectively). No significant association was detected for the individual markers of *CCL8*, *CCL16*, *CCL17*, *CCL18*, and *CCL23* genes.

Analysis of association between EH and allele/genotype combinations revealed six bi- and six tri- component combinations distributed differently in the group of EH patients and in control group (Table 3). Interestingly, all the combinations that remained significantly associated with EH after correction for multiple testing was applied included

the *CXCL13* rs355689 variant. *CXCL13*\*T/T genotype was part of the combinations predisposing to the development of EH, while allele *CXCL13*\*C was present in the genotype/allele combinations that were associated with decreased risk of hypertension (Table 3). *CCL16* rs854680\*T allele was found only in combinations associated with increased risk of EH, while *CCL8* rs3138035\*C allele was featured exclusively in patterns with protective effect against the disease (Table 3). *CCL17* rs223828 polymorphism exhibited allele-specific action, with C allele being part of combinations predisposing to EH, and T allele being present in one combination associated with decreased risk of the disease (Table 3). *CCL18* rs2015086\*T/T genotype and T allele were detected in both types of patterns, displaying ambivalent effect (Table 3).

## Discussion

Having genotyped SNVs in six chemokine genes in the groups of patients with EH and normotensive controls, we found a significant association between *CXCL13* rs355689 polymorphism and hypertension. This SNP has been tested for an association with a number of traits, including SBP, DBP, coronary artery disease, BMI, obesity and type 2 diabetes, but the observed P-values did not reach the GWAS significance level ( $P < 5^{-08}$ ) [14–17]. However, its minor

**Table 2** Genotyping results and the analysis of association between the studied SNPs and essential hypertension

SNV	Locus name	N cases/N controls	EA/NEA	EAF cases/controls	HWE P-value	Additive		Dominant			
						OR (95% CI)	P-value	P <sub>FDR</sub>	OR (95% CI)	P-value	P <sub>FDR</sub>
rs355689	CXCL13	186/294	C/T	17.5/28.4	0.287	<b>0.56 (0.39–0.80)</b>	<b>0.001</b>	<b>0.008</b>	<b>0.41 (0.26–0.64)</b>	<b>7.29 × 10<sup>-5</sup></b>	<b>4.38 × 10<sup>-4</sup></b>
rs223828	CCL17	200/291	T/C	14/17.2	0.866	0.73 (0.49–1.08)	0.117	0.234	0.69 (0.44–1.08)	0.104	0.312
rs3138035	CCL8	208/306	T/C	39.7/35	0.267	1.31 (0.98–1.75)	0.067	0.198	1.31 (0.87–1.97)	0.190	0.379
rs854680	CCL16	208/309	G/T	20.7/20.2	0.124	1.01 (0.71–1.41)	0.979	0.979	1.12 (0.75–1.69)	0.573	0.645
rs854655	CCL23	182/237	C/A	8/9.3	0.974	0.85 (0.48–1.48)	0.560	0.671	0.87 (0.49–1.56)	0.645	0.645
rs2015086	CCL18	209/304	C/T	11.5/9.7	0.223	1.18 (0.74–1.89)	0.495	0.671	1.21 (0.74–1.96)	0.446	0.645

P values of less than 0.05 were considered significant are shown in bold

SNV single nucleotide variant, EA effect (risk) allele, NEA non-effect allele, EAF effect allele frequency, %, HWE P-value Hardy–Weinberg P-value, OR odds ratio, CI confidence interval. The OR is aligned to the SNV risk allele

allele was reported to be inversely associated with the risk of non-Hodgkin B-cell lymphoma in HIV patients, and with the serum levels of CXCL13 [18]. CXCL13 rs355689 polymorphism was also associated with impaired lung function in patients with cystic fibrosis [19]. CXCL13 regulates the adhesion of B cells and subsets of T cells to lymphoid follicles via binding to its receptor CXCR5 [20]. It has been demonstrated that CXCL13/CXCR5 interaction is involved in cardiac remodeling following pressure overload in *Cxcr5*-knockout mice [21]. Transcriptional activity of CXCL13 (but not CXCR5) was up-regulated in carotid atherosclerosis, and CXCL13 was shown to increase the expression of anti-inflammatory cytokines IL-10 and TGF-beta, and the expression of tissue inhibitor of metalloproteinases-1 in monocytes [22]. CXCL13 also exerted anti-apoptotic effect on lipid-exposed monocytes and smooth muscle cells [23].

CCL17 is expressed by dendritic cells, activates chemokine receptor CCR4, and is present in atherosclerotic plaques. In *ApoE*-knockout mice, CCL17 deficiency results in significant attenuation of atherosclerosis [24]. An association was reported between the promoter polymorphism of the CCL17 gene, rs223828, and the incidence of aneurysm in patients with Kawasaki disease [25]. The carriers of rs223828\*C/C genotype had higher risk of coronary artery aneurysm formation [25]. Haplotype consisting of CCL17 rs223828\*T allele and a CCL22 rs223889\*A allele was associated with decreased susceptibility to multiple sclerosis [26]. However, no correlation was found between CCL17 rs223828 genotypes and the serum chemokine level [27]. In our study, CCL17 rs223828\*C/C was detected as part of combinations associated with increased risk of EH, while CCL17 rs223828\*T allele in combination with CXCL13 rs355689\*C allele and CCL8 rs3138035\*C allele had a protective effect against the development of hypertension.

CCL8, CCL16, CCL23 and CCL18 genes are located in humans on chromosome 17. CCL8 is expressed in fibroblasts and endothelial cells, and specializes on recruiting monocytes, granulocytes, and effector T-cells, acting via CCR1, CCR2, CCR3 and CCR5 receptors [23]. Polymorphism rs3138035 located in the 5'-flanking region of CCL8 gene was found to confer significantly decreased risk of death by non-small cell lung cancer; the protective effect was more pronounced in smokers [28]. Notably, the patients with non-small cell lung cancer carrying CCL8 rs3138035\*C/C genotype had an increased risk of death compared to the heterozygotes and the carriers of T/T genotype, while in our study, CCL8 rs3138035\*C was found in all the combinations associated with the decreased risk of EH.

CCL16 acts as a chemoattractant for lymphocytes, dendritic cells, and monocytes, and increases their adhesive properties. CCL16 is up-regulated by interleukin 10 (IL-10) in activated monocytes, and exerts its biological effects through binding to CCR1, CCR2, CCR5, and CCR8

**Table 3** Genotype and allele combinations of the studied loci associated with EH

Combinations					Control, %	Cases, %	$P_{FDR}$	OR	$CI_{OR}$
<i>CXCL13</i> rs355689	<i>CCL18</i> rs2015086	<i>CCL8</i> rs3138035	<i>CCL17</i> rs223828	<i>CCL16</i> rs854680					
Predisposing									
T/T	T		C		46.55	69.57	$2.08 \times 10^{-4}$	2.63	1.77–3.89
T/T	T			T	47.40	69.73	$1.2 \times 10^{-4}$	2.56	1.73–3.77
T/T			C	T	45.32	67.93	$1 \times 10^{-4}$	2.56	1.73–3.77
T/T	T				49.48	71.35	$7.83 \times 10^{-5}$	2.54	1.72–3.77
T/T			C		47.48	69.57	$8.12 \times 10^{-5}$	2.53	1.71–3.74
T/T				T	47.96	69.73	$7.84 \times 10^{-5}$	2.50	1.70–3.69
Protective									
C	T/T	C			38.19	16.30	$1.39 \times 10^{-4}$	0.32	0.2–0.5
C	T	C			46.53	24.46	$1.39 \times 10^{-4}$	0.37	0.25–0.56
C		C	T		19.13	4.37	$8.92 \times 10^{-5}$	0.19	0.09–0.42
C	T/T				36.33	15.68	$1.24 \times 10^{-4}$	0.36	0.23–0.55
C	T				50.17	28.11	$9.42 \times 10^{-5}$	0.39	0.26–0.58
C		C			46.05	25.00	$9.24 \times 10^{-5}$	0.39	0.26–0.59

$P_{FDR}$  P value adjusted for multiple comparisons, OR odds ratio,  $CI_{OR}$  95% confidence interval

(only in mouse) [2]. *CCL16* rs854680 polymorphism is reportedly associated with systemic lupus erythematosus [29].

*CCL18* is constitutively expressed at low levels in monocytes and macrophages, but its transcriptional activity is significantly up-regulated in atherosclerotic plaques [30]. The carriers of C allele of the rs2015086 SNV in the *CCL18* promoter region had higher *CCL18* gene expression and higher serum CCL18 levels, as well as diminished survival in idiopathic pulmonary fibrosis [30]. *CCL18* rs2015086 was also associated with increased plasma CCL3 levels [31]; this polymorphism is also in linkage disequilibrium ( $r^2 = 0.911$ ,  $D' = 0.966$ ) with another SNV located near *CCL18* gene, rs854462, which significantly influences PARC level [32].

*CCL23* is an inflammatory chemokine present at high concentrations in serum and is known to promote angiogenesis and induces chemotaxis of immune cells and chemotactic migration of endothelial cells through activation of CCR1 [33]. Expression of *CCL23* in peripheral blood leukocytes is induced by IL4 and IL13, acting via STAT6 binding site located between –698 and –689 relative to the transcriptional start site gene [34]. Interestingly, we found that *CCL23* rs854655 was in linkage disequilibrium ( $r^2 = 0.975$ ,  $D' = 0.994$ ) with *CCL23* rs1003645 polymorphism (Met123Val), which was shown to be associated with plasma circulating proteins at a GWAS significance level [32, 35]. However, in our study, we detected no association with *CCL23* rs854655 SNV with EH when analyzed separately, nor when performing the analysis of gene–gene interaction.

## Conclusion

Our study has demonstrated significant association between *CXCL13* rs355689 and EH in men of Tatar ethnicity. This polymorphism was also detected as a core element in the patterns associated with the risk of EH, with T/T genotype being part of unfavorable combinations, and C allele being present in protective combinations. The identified patterns associated with EH also featured polymorphic variants of *CCL8*, *CCL16*, *CCL17*, and *CCL18* genes. Although relatively modest study sample diminishes the statistical power of our study, the results suggest a role for chemokines in the development of hypertension. If our findings are confirmed by a replication study on an independent population, then an additional research of functional relationship between these genes could further elucidate the molecular mechanisms underlying hypertension.

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## Compliance with ethical standards

**Conflict of interest** Authors declare no conflict of interest.

**Ethical approval** The study was approved by the Ethics Committee of the Institute of Biochemistry and Genetics USC RAS.

**Informed consent** Informed consent was obtained from all participants participant in accordance with the Declaration of Helsinki.



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