

An experiment was conducted. In total, 140 students from various countries, such as Iran, Uzbekistan, Tajikistan, Vietnam, Angola participated in the study. The following tests were: jump into length from a place, running 30 m. from a high start, shuttle running 3x10 meters, push-ups from the gym bench in 1 minute, and so on.

The results were evaluated on a 5-point scale, where: "5" - a high level of physical qualities; "4" - good; "3" - normal; "2" - low; "1" - very low.

The average indicator was calculated both for all physical skills and for individual kinds. The analysis of the results showed the following. Students from Tajikistan have the highest level of skills in terms of physical abilities - 32.1 points, whereas the students from Angola have the lowest score - 27.9. Analyzing the results of the study of physical skills, we revealed the following outcome. Students from Iran have high-speed qualities and universal endurance and resilience correlate to a "good" level. Students from Uzbekistan and Tajikistan have strength abilities at a "good" level, which cannot be said about speed. General and strength endurance of students from Iran and Vietnam is at a "satisfactory" sublevel, and coordination at a "high" [3]. Thus, this experiment helps to find the weaknesses and strengths of students and it allows teachers to plan their physical education lesson plan according the level of preparedness and capabilities of foreign students.

Conclusion: Based on the above information, it can be concluded that physical activity is the most important means in adaptation of foreign students and the formation of personality, the preservation and strengthening of health, one's own thinking and determination. In addition, physical culture helps to set up communication between peoples and leads to team building.

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OUR EXPERIENCE OF WORKING WITH AN INTERNATIONAL STUDENT SCIENTIFIC CIRCLE IN THE PREPARATION AND CONDUCT OF SURGERY OLYMPIADS, MASTER CLASSES AT THE DEPARTMENT OF TOPOGRAPHIC ANATOMY AND OPERATIVE SURGERY

I.I Khidiyatov., U.M Abdullin., N., R Aria., T.R Deffo

Bashkir State Medical University

Department of Topographic Anatomy and Operative Surgery

Annotation. In modern conditions, the export of educational services is increasing in the world, which in a certain way affects the training of students. Internationalization of education affects all areas of the functioning of the university. The Department of Topographic

Anatomy and Operative Surgery of BSMU actively operates an international student scientific circle (SNC), which participates in intra-university, All-Russian, international Olympiads in surgery. Students also actively participate in master classes, joint interuniversity meetings of circles. International students are provided with an operating room with a laparoscopic stand, a room with microscopes for microsurgical operations. The results of systematic training of foreign students lead to the fact that they often take prizes at various Olympiads as part of an international team. Joint training in the SNK has a fruitful effect on the learning process in the conditions of bilingualism.

Keywords: international student scientific circle, surgery Olympiads, master classes, topographic anatomy and operative surgery.

In modern conditions, the export of educational services in various fields of education is increasing due to globalization, which in a certain way affects the quality of students' education. Internationalization of education affects all areas of the functioning of the university. Every year the number of foreign students studying at BSMU increases. New goals and tasks appear before the University and departments - helping students to achieve an understanding of other cultures, acquiring an international worldview, strategies for acquiring professional competencies, adapting the learning process in bilingualism. The increase in the flow of foreign students also affected the work of the student scientific circle of the Department of Topographic Anatomy and Operative Surgery. Since 2015, along with the SNK of the department, the SNK of the international team began to function, which was actively involved in scientific and practical work. The international composition of students is the most diverse: Hindus, Iranians, Tajiks, Egyptians, Palestinians, Uzbeks, etc. More than 20 nationalities. The language of communication is Russian and English. At the department, a responsible teacher was assigned to the international team of the SNK. Additionally, an operating room with a laparoscopic stand, an office for microsurgical operations equipped with 5 microscopes were allocated for the team. From 15 to 30 foreign students attended the SNC monthly. Classes in the international SNK were conducted similarly to the SNK of the department: monthly meetings with reports (or abstract reports), demonstration of various operations on wet preparations (cadaveric operations). It was noted that foreign students also actively attended the SNK of the department and made presentations, operated using a laparoscopic stand, performed microsurgical operations under a microscope on cadaveric preparations and rats. As in every community, active student leaders appeared, who with great interest prepared reports on various topical topics of surgery and attracted new foreign students to study at the SNC. Since 2015, a separate international team has been formed annually, which participated in interdepartmental Olympiads in surgery, and the winners of these Olympiads were included in the main team of BSMU, which participated in regional, All-Russian and international Olympiads. At the same time, foreign students often won prizes at competitions. So, in 2022, the Iranian team of the 3rd year of the Faculty of Dentistry received a cup for a prize-winning place. Foreign students also actively participated in joint circles with students of other universities (Perm Medical Academy, Kursk Medical University). It was noted that every year of study at BSMU, foreign students spoke Russian better. It was also noticed that Russian-speaking students communicated with foreign students with great interest during joint operations (Fig.1, 4), competitions. In recent years, in connection with the "Priority 2030" program, various demonstration operations (master classes) have been performed at the department by invited highly qualified surgeons, cardiac surgeons, urologists, neurosurgeons on animals: nephrectomy, skull trepanation, heart transplantation, hernioplasty, liver transplantation, plastic surgery, cholecystectomy, etc. These operations aroused great interest among international students (Fig.2). Foreign students participated at separate stages during these operations. The captains of the teams of foreign students, after mastering a number of operations, independently conducted demonstration classes for junior students on cadaveric preparations. Foreign teachers make a great contribution to the internationalization of education. Two teachers from India work at the department, dentists are taught by a teacher from the Republic of South

Africa (Fig.3), a common language with students from Tajikistan, Azerbaijan. Iran, Iraq, the Emirates, Saudi Arabia, the senior lecturer of the department is an Iranian citizen. (Fig. 3).

Thus, the active involvement of foreign students in classes at the SNK, master classes, Olympiads contributes to the interest in studying at the Bashkir Medical University, which is reflected by prizes at various Olympiads in surgery.



Fig. 1 Master class. Vivisection. Orthotopic liver transplantation is performed at a joint meeting with foreign students. The operation is performed by A.A. Akhiyarova (4th year of the Faculty of Medicine), A.M. Mosoyan (4th year), D.O. Galimov (4th year), V.L. Belozertsev (4th year)



Fig.2 Foreign students perform cadaveric operations ("gastric wound suturing") on a laparoscopic simulator.



Fig.3 Intra-university Olympiad in surgical dentistry. Senior teachers Aria N.R., Defoe T.R. evaluate the practical skills of dental anesthesia in an international team consisting of Iranian students.



Fig.4 An international team performs an indicative operation –prosthetics of the aortic valve of the heart (vivisection). The students are operated by V.V. Plechev and A.H. Tukhta-boev.

Literature

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