

world. However, according to the deep conviction of the authors of the article, the position of the Hippocratic oath in the original interpretation should be preserved in our country, since human life is valuable, unique, and unrepeatable.

Conclusions: The modern world is dynamic, changes are inevitable in social life, and in health care, and in moral and ethical guidelines, however, the importance of the ethical training of a modern physician is growing and acquiring an international character.

We started the research which was organized by one of the authors (ALR). It is an Internet-based survey about moral and ethical principles. It is planned to be conducted in Russia and Uzbekistan by students from different countries in two languages (Russian and English). We'll invite as participants medical and non-medical students, medical doctors, and laypersons. The questionnaire will be taken from authorized sources (published papers), some questions will be added by us. At the moment students from Russia, Uzbekistan and Nigeria volunteered to do this study. The preliminary idea were presented at the international students conference, organized by Bashkir State Medical University on January 14, 2023 in hybrid format. We continue the study and will share the results soon.

These problems become more and more relevant, first of all, in connection with socio-economic upheavals, the globalization of modern life, man-made disasters, political and other conflicts. They should be discussed during the whole course of education at the medical schools at every department, both teaching basic disciplines, but especially at the departments teaching clinical disciplines and dealing with real patients of different ages, beginning with the newborns.

Literature

1. Biophilosophy. - M., 2008.
2. Introduction to Bioethics: Textbook. - M., 2007.
3. Ivanova O. M. Factors of human health. Socio-philosophical analysis: Monograph. - Ufa: RIO BashGU, 2006 - 290p.
4. Tishchenko P. D. Resurrection of the Hippocratic Oath in Russia. <http://www.zpu-journal.ru/en/articles/detail.php?ID=330>

EXPERIENCE OF TEACHING FOREIGN STUDENTS AT WEST KAZAKHSTAN MARAT OSPANOV MEDICAL UNIVERSITY

B.K. Karimsakova, G.E. Kuzdenbayeva, L.R. Akhmadeeva

West Kazakhstan Marat Ospanov Medical University,

Department of General Medical Practice No. 1, Aktobe, Kazakhstan

Bashkir State Medical University, Department of Neurology

Summary. The article presents the experience of teaching foreign students at West Kazakhstan Marat Ospanov Medical University, the adaptation of foreign students from India in Kazakhstan.

Key words: adaptation, English, Kazakh, Russian language, educational process.

Introduction. English as an instrument of education in schools around the world has become a new trend, especially in non-English speaking countries. The international ranking of any university largely depends on one of the most important indicators - the number of foreign students. Foreign students contribute to strengthening existing and creating new international relations of the university. Today, education is not possible outside of civilizations, without a single educational space, integration of national educational programs and strategies in the context of universal values. Education abroad is becoming a vital necessity for many young people today. Students have the opportunity for additional socialization in the form of developing skills for interacting with an unfamiliar surrounding world, abilities for intercultural communication. This contributes to the development of dialogue and tolerance in society. One of the factors determining the effectiveness of the process of teaching a foreign stu-

dent at the university is the successful rapid adaptation of the applicant to new conditions. Different languages have different cultures, and different cultures have different habits and characteristics. English culture has its own distinctive uniqueness and nationality, which is a typical symbol of national differences. The most common in pedagogy and psychology is the definition of "adaptation" as a process of a student adaptation, including a foreign one, to the conditions of her studies at the university, to a new organization of life and intellectual activity socio-psychological, i.e. difficulties caused by the psychological characteristics of the individual, problems of the emotional sphere and communication in the new socio-cultural space, getting used to the climate and kitchen.

Method of examination and results: West Kazakhstan Marat Ospanov Medical University educates foreign students, in particular students from India. Education is conducted in English starting from the 1st year. The creative approach of the teacher is an indispensable condition for the development of a creative approach in studying academic disciplines in English. At the department of General Medical Practice No. 1, there are 96 foreign students of the 5th year, who came from India. At the Department of General Medical Practice No. 1, the discipline "Fundamentals of General Medical Practice" is taught. Teachers, conducting practical classes and lectures in English, use interactive and innovative teaching methods, electronic resources, and a simulation center for practical skills. According to all foreign students, who were responders of our questionnaire, upon arrival to Kazakhstan, the most difficult for them was to get used to the climatic conditions. The climate in Kazakhstan and the climate of India are very different. A half (50%) of the respondents could not get used to living conditions in the dormitory. The need to communicate in everyday life in Kazakh or Russian was noted by all the respondents. One fifth (20.8%) of the 5th year medical students from India spoke enough Russian, which gives them the opportunity to communicate in everyday life. By the 5th year, many students know some words in Kazakh and Russian, more often words of greeting and gratitude. Next come the difficulties of getting used to a different way of life (68.4%), the attitude of others (23.1%), the absence of relatives (83.3%). They could not adapt to traditional local and European cuisine. All students noted that they adapted to the local and European cuisine just close to the end of the first year of study. Since teaching is conducted in English from the 1st year both students and teachers have no problems in studying the discipline and in conducting the educational process respectively. Adaptation to a complex of factors typical for higher education, as well as to new cultural and climatic conditions, is a complex psychophysiological process, which is accompanied by a significant stress on all functional systems of the body. But the main problem that a foreign student faces is the problem of communicating in a foreign language. To relieve the stress of cultural and speech adaptation of students to living conditions in Kazakhstan on the part of the dean's office of foreign students, the faculty of the department, on the basis of which the study of various disciplines takes place, that is, throughout the entire period of study they contribute and help in communication and behavior in living conditions in dormitory, when moving around the city and opens the way to understanding the national characteristics of the mentality. At the same time, students get acquainted with the features of the culture and mentality, where they live for the period of study. Thus, by the 5th year, foreign students develop communication skills in a new language environment, meeting basic communication needs when in contact with native speakers in the social, cultural, and educational fields. The adaptation of foreign students to the educational space is a dynamic and multifaceted process, during which the student's personality is integrated into a new educational environment, into a system of requirements for knowledge control, into a new cultural environment for her, into a new team, and for many of them into new living conditions, which contributes to their intellectual, personal, and professional development and self-realization. The introduction of innovative methods into the educational process in the educational process allows to better master the educational material, as well as conducting educational work among foreign students, allows foreign students to show

their personal qualities, creates a comfortable environment for international cooperation in the student team.

We plan to organize a similar assessment at Bashkir State Medical University and invite to participate as responders students from different countries, including Asian and African, and to compare the results. West Kazakhstan Marat Ospanov Medical University and Bashkir State Medical University are academic partners for many years, we conduct the programs of academic mobility, do academic visits and continue cooperation in different fields. The new study will be an essential one since the problems mentioned by students from India studying in Aktobe look similar to the problems of students studying in Ufa.

Conclusion: teaching foreign students provides adaptation to a new educational environment, cultural environment, which contributes to their intellectual, personal, and professional development and self-realization.

Literature

1. Luying Zhao, Pei Xu, Yusi Chen, and Shuangsheng Yan. A literature review of the research on students' evaluation of teaching in higher education PMCID: PMC9558720 PMID: 36248501
2. Tiantian Jiang. Data Analysis of College English Speculative Reading Teaching Based on Multimodal Teaching Theory in a Complex Cross-Cultural Environment PMCID: PMC9467710 PMID: 36105516
3. Yeyao Tang and Jifan Hu. The impact of teacher attitude and teaching approaches on student demotivation: Disappointment as a mediator PMCID: PMC9489840 PMID: 36160570
4. Yuanyuan Li. Deep Learning-Based Correlation Analysis between the Evaluation Score of English Teaching Quality and the Knowledge Points PMCID : PMC9436548 PMID: 36059422

BIOCHEMISTRY OLYMPIAD FOR FOREIGN STUDENTS AS A FACTOR OF IMPROVING THE QUALITY OF EDUCATION

N.T. Karyagina, G.M. Abdullina, Sh.N. Galimov

*Bashkir State Medical University
Department of Biological Chemistry*

The article presents the experience of organizing and conducting the biochemistry Olympiad for foreign students at a medical university. The features and importance of the Olympiad for foreign students in the formation of general professional and professional competencies, as well as for the adaptation of students to the new conditions of life and learning are shown.

Keywords: Biochemistry Olympiad, foreign students, general professional and professional competencies.

The process of preparing medical students for their future professional activities is most effective if they are involved in various forms of educational and research activities. One of the forms of effective extracurricular work of students is a subject Olympiad.

The subject Olympiad is not just a competition of students in performing certain tasks, it is a pedagogical event designed to improve the educational process and enhance the interest of students in a particular academic discipline. The Olympiad should encourage students to work independently with additional literature, reference books. As one of the forms of educational activity it has a positive impact on the development of personal characteristics of students. Participating in the Olympiads, they strive for self-development and self-actualization, they form skills of planning and self-control [3].

At the Department of Biological Chemistry of Federal State Budgetary Educational Institution of Higher Education «Bashkir State Medical University» of the Ministry of Healthcare of Russian Federation the organization of Olympiads of different levels (universi-